



SASP Membership Benefits

The Comprehensive Guide to 2026 Membership Benefits



Table of Contents

<i>Welcome</i>	1
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<i>Personal Benefits</i>	2
--------------------------------	---

Professional Support

Continued Education

Professional Development

Communication

Benefit companies

<i>Professional Advocacy</i>	9
------------------------------------	---

SASP Professional Development Portfolio

Policy Development and Guidelines

Stakeholder Engagements

Interprofessional Rehabilitation Indaba

World Physiotherapy & World Physiotherapy African
Region Membership

<i>Promotion of the Profession</i>	14
Special Funding	
Marketing Materials	
<i>Student Membership Benefits</i>	16
<i>Community Service Benefits</i>	19
<i>Private Sector Group Benefits</i>	21
<i>Payment Options</i>	25



Together, we build a stronger future for physiotherapy.



Welcome Message

On behalf of the National Executive Committee of the South African Society of Physiotherapy, we are delighted to welcome you to the 2026 Membership Benefits Booklet.

This guide has been designed to highlight the value, support, and opportunities available to you as a member of the SASP.

As a united professional community, we remain committed to empowering physiotherapists across South Africa through advocacy, education, professional support, and public engagement. Your membership strengthens our collective voice and helps drive the ongoing growth, recognition, and development of our profession.



Personal Benefits

- ① *Professional Support*
- ② *Continued Education*
- ③ *Professional Development*
- ④ *Communication*
- ⑤ *Benefit companies*



Professional Support

Professional Officer

The Junior Professional Officer is a full-time, qualified physiotherapist committed to assisting our members with ethical guidelines, policies and procedures, and professional advice. She will gladly assist with any queries or concerns that may arise around HPCSA communications, registrations and rules, promoting of the profession and educating members on professional matters.

Professional Practice Peer Review Committee (PPPRC)

The PPPRC operates under a mandate to assess, educate, and advise members of the SASP on ethical rules and professional conduct. This is achieved through a voluntary peer review process, as well as by responding to enquiries, mediating disputes between members, and assessing complaints involving members or non-members who have agreed to participate in the peer review process.

Labour Lawyer

The organisation has contracted a Labour Lawyer to assist members with one complimentary initial consultation per year on labour-related matters. Follow-up consultations will be billed at the applicable pro rata rate. Members seeking guidance on employment contracts, workplace conditions, or labour rights are invited to contact an administrator for further details.

Healthcare Navigator

Esmé Prins van den Berg, a qualified Fellow of the Institute of Directors South Africa, assists our members to navigate the South African healthcare landscape by providing the latest news and updates. Stay informed with current developments related to the NHI, POPI, Medical Schemes, Department of Health and other key healthcare matters.



Continued Education

Continuous Professional Development

We encourage our members to embrace the world of online learning and discover fresh insights on topics that may have once seemed out of reach. At the same time, in-person, hands-on training with experts remains the gold standard for deepening understanding and mastering new techniques. The SASP offers a wide range of high-quality, CPD-accredited activities — including Journal Clubs, Webinars, Courses, and more — covering diverse topics and areas of interest.

All CPD activities are available to SASP members at significantly discounted rates, and many are offered free of charge depending on SIG membership.

Full Physiopedia Plus Subscription

Physiopedia Plus offers more than 640 internationally recognised and SASP-accredited CPD online courses. The content spans over 45 ethical and clinical categories and provides access to a wealth of additional resources designed to support and enhance your professional development.

With a subscription valued at R4,150.00 per year, this membership benefit represents a valuable investment in your professional growth.

SIG Advance Professional Development Level 2 Courses

An opportunity to advance your proficiency in specialised areas of interest through the latest evidence-based research, guided by leading experts in the field.

Build confidence in assessing and diagnosing patients, applying appropriate techniques, and effectively educating both colleagues and patients on condition management.

The SASP APDL2 courses are internationally recognised for their exceptional quality, comprehensive content, and high standard of training.

Embodia: Access to course discounts



Professional Development

Research Funding

SASP supports its members in advancing the profession through research funding that assists with the operational costs of approved studies. Proposals are assessed for their relevance and impact on the physiotherapy profession in South Africa and across the Sub-Saharan region, along with their contribution to the SASP and its Special Interest Groups (SIGs).

[Click here](#) for the Application Form

Professional Propagation of Knowledge Fund (PPK)

The PPK Fund is designed to help you grow as a physiotherapy professional. It provides financial support for members to attend or present at local and international congresses, symposia, and also supports initiatives that bring international experts to South Africa.

The knowledge you gain through these opportunities must then be presented to the wider SASP community through active engagement opportunities (e.g. presenting a workshop or course) – ensuring that that knowledge gained is knowledge shared.

Special Interest Groups

The SASP's Special Interest Groups (SIGs) play a vital role in advancing professional development and clinical expertise within the profession. They support members through research initiatives, high-quality courses with focused content, access to specialised educational resources, and membership in World Physiotherapy-affiliated groups.

Each SIG creates a collaborative community where physiotherapists can share insights, ask questions, and deepen their critical thinking, fostering continuous growth and specialised knowledge across diverse areas of practice.



Communication

Website

Our www.saphysio.co.za website offers a public platform that serves to engage the broader community and promote the vital role of physiotherapy in South Africa.

Additionally the member portal, offers access the e-commerce shop, where you can register for CPD activities, courses, and events. The shop is fully integrated with our online learning platform, giving you seamless access to all purchased content and resources in one convenient space.

Social Media

The SASP Marketing Team is dedicated to developing engaging content and managing the Society's presence across various social media platforms. Through these channels, the team works to educate the public, promote awareness of physiotherapy, and highlight important health and wellness topics relevant to the South African community.

Bulk Emails

Our bulk emails ensure members stay informed and connected with the activities of the Society. These communications share the latest healthcare news and updates, highlight upcoming events, and promote high-quality courses and professional development opportunities. Through these emails, members receive timely and relevant information to support their continued engagement with the profession and the SASP community.

PhysioSA Magazine

The PhysioSA magazine highlights and celebrates the initiatives, achievements, and activities of physiotherapists across the country. It serves as a platform to showcase professional excellence, share inspiring stories, and keep members informed about developments within the physiotherapy community and the broader healthcare landscape.



Benefit Companies

Discounted rates for SASP members with the following
Member Benefit Companies:

my appointment

Online real-time booking platform and mobile app with an optional business management component.

Contact our sales director Shani Ferrer on:

shanif@myappointment.co.za or call us on 064 871 9414.

All SASP members are offered a 16% discount.



A Smart Booking Solution. Gives you total control of your bookings and appointments. Gives you total confidentiality for yourself and your customers. No one sees what they shouldn't, ever! You need an always-on, smart booking service that will never let you down. Easy to schedule, easy to manage, easy to arrange and rearrange and all the tracking and chasing and notifying and reminding is automatically done by the system. You get to set the level of transparency you want your customers to have. Give them the power to see the free time slots and make their own bookings, or you can run it yourself, the choice is yours.

Contact Dale for more information:

dale@pencilmein.online or 084-851-3412

All SASP members are offered a 16% discount.



Garth Hampshire & Associates

As your preferred accounting and business advisor, we add value to your business by driving your business forward through partnering with you and focusing on clearly defined growth enablers.

For more information email us at office@garthhampshire.co.za

or call us on 021 462 1785.

As an SASP member you will receive 50% discount on our services



As a SASP® member, you have access to one of the widest medical malpractice insurance covers available in South Africa – at significantly discounted premiums.

It is a condition of cover that you remain a member of The South African Society of Physiotherapy (SASP®) throughout your policy period.

Key Benefits of the SASP® Medical Malpractice Scheme

- **Up to 40% discount on medical malpractice insurance premiums**
- Tailored cover for physiotherapists, including:
 - Students
 - Interns
 - Fully qualified professionals
 - Physiotherapy practices/business entities
 - Most affiliated professions within SASP®
- Cover for Regulatory Body complaints
- Access to various legal services related to your business 24 hours a day, 7 days a week on ITOO's Legal Assist Hotline.
- Cover for medical scheme audit investigations and related defence costs
- Group rate premiums – with limited individual underwriting where required

Developed by Garrun CFP in collaboration with SASP®, this policy is underwritten by iTOO™ Special Risks on behalf of The Hollard Insurance Company Limited – South Africa's largest privately-owned insurer with a national AA financial strength rating.

*It is a condition of cover that you remain a member of The South African Society of Physiotherapy (SASP®) throughout your policy period.



Professional Advocacy

- ⑥ *SASP Professional Development Portfolio*
- ⑦ *Policy Development and Guidelines*
- ⑧ *Interprofessional Rehabilitation Indaba*
- ⑨ *Stakeholder Engagements*
- ⑩ *World Physiotherapy & World Physiotherapy African Region*



SASP Professional Development Portfolio

South African Journal of Physiotherapy

Primary authors publishing their research in the SAJP have the publication fee subsidized by the SASP.

This initiative supports and encourages research activity, promotes the dissemination of South African physiotherapy knowledge, and helps make it more accessible for clinicians and academics to contribute to the scientific growth of the profession.

Quality Improvement Committee

The QIC supports the advancement of high-quality, evidence-based physiotherapy in South Africa. Its work includes developing clinical guidelines, promoting the use of standardised assessments, ensuring professional standards in services, marketing materials, endorsed products, and Special Interest Group activities, and supporting advanced professional development. The QIC also collaborates with key SASP portfolios and external stakeholders—such as universities, regulatory bodies, and World Physiotherapy—to strengthen consistency, credibility, and quality across the profession.

National Physiotherapy Educators Forum

The NPEF supports high-quality physiotherapy education across undergraduate, postgraduate, and continuing professional development levels. It promotes lifelong learning, encourages research, and collaborates with key stakeholders—including the Professional Board, the National Department of Health, SIGs, and SASP committees—to strengthen education and professional growth. The NPEF also contributes to the scientific programmes of SASP congresses and symposia.

CPD Accreditation Panel

The CPD Accreditation Panel is mandated to assess and approve CPD activities for the SASP on behalf of the HPCSA, ensuring they align with the scope of physiotherapy, reflect the best available evidence, and support advanced professional development. Its role ensures that members have access to high-quality learning opportunities that strengthen clinical excellence and foster ongoing growth within the profession.

Coding Committee

The SASP Coding Committee develops, maintains, and reviews the physiotherapy coding structure to ensure it aligns with current practice, evidence, and the profession's scope. It collaborates with the HPCSA Professional Board, the NDOH, universities, SIGs, and other SASP structures, and actively contributes to research and assessments related to the implementation of ICD-11, ICF, and ICHI systems for future use in the NHI. The committee also supports members by addressing coding queries, guiding the application of codes in SASP projects and clinical guidelines, and providing education on coding updates.

Specialization

The SASP is actively advocating for the formal recognition of physiotherapy specialisations in South Africa. A dedicated working committee has been established to research all aspects of integrating this proposal within existing educational frameworks and professional expertise. We are also engaging with the HPCSA to guide the future implementation of specialisation recognition, ensuring that members are well-positioned for professional advancement.



Policy Development and Guidelines

The SASP is continually engaged in developing and refining policies and guidelines to support members in delivering high-quality physiotherapy services and contributing effectively to the profession.

Existing policies are regularly reviewed to ensure they remain current and relevant within the ever-evolving healthcare landscape.

Our guidelines are grounded in evidence-based research and form the backbone of our professional initiatives — from advising members on best practice and advocating for optimal patient care with medical aid funders, to guiding discussions on Universal Healthcare strategies, coding structures, and physiotherapy specialisation. Through this ongoing work, the SASP ensures that its members are equipped, informed, and represented at every level of professional practice.



Interprofessional Rehabilitation Indaba

The IPRI provides a collaborative platform for rehabilitation professionals in South Africa to advocate for stronger rehabilitation services. Through IPRI, SASP members benefit from input into the National Rehabilitation Policy, improved engagement with the Department of Health, representation in the NHI framework, and participation in key projects shaping rehabilitation practice across the country.



Stakeholder Engagements

HPCSA

As a dedicated stakeholder, the SASP actively engages with the Health Professions Council of South Africa (HPCSA) on behalf of our members. We provide support and guidance on matters relating to registration, CPD compliance, and the interpretation of Ethical Rules and Guidelines, ensuring that our members remain informed, compliant, and confident in their professional practice.

National Department of Health

The SASP collaborates with the NDoH on the Internship and Community Service Programme, helping fourth-year students prepare through university sessions that guide registration, applications, and the transition to full-time physiotherapy practice. The SASP also contributes to the review of national health policies through participation in the NHI Steering Committee and the Ministerial Advisory Committee on HR Health Policies



World Physiotherapy

As a founding member of World Physiotherapy, the SASP connects members to a global network dedicated to advancing the profession and promoting quality physiotherapy. This affiliation provides access to knowledge sharing, professional growth, and collaboration, supporting evidence-based practice and the SASP's mission to strengthen the profession and improve health and wellbeing.

Through **World Physiotherapy Africa Region**, SASP members benefit from continental connections and collaborations, including engagement with clinical and academic subgroups, participation in initiatives and grants, and opportunities to strengthen professional development, knowledge sharing, and the influence of physiotherapy across Africa.



Promotion of the Profession

- ⑪ *Special Funding*
- ⑫ *Marketing Materials*



Special Funding

There are several sources of funding available from The SASP to assist with projects that aim to promote the profession:

SASP members are invited to apply for SASP Special Funding to support events or initiatives that promote the physiotherapy profession. This funding opportunity aims to encourage members to showcase the value and impact of physiotherapy through innovative, public-facing activities. Applications must include a detailed project plan and budget outlining the proposed event, objectives, and expected outcomes.



Marketing Materials

SASP supports members in promoting the profession by designing focused marketing materials such as postcards, posters, and pamphlets. These ready-to-use resources are available to SASP members to enhance visibility and engagement at their marketing or community events, helping to share consistent and professional messages about physiotherapy.



Student Benefits

*No fees.
No fuss.*

*Just your future in
physiotherapy.*

FREE

Engagement Activities

We are expanding our student engagement activities to connect with each year group throughout their undergraduate journey, offering support that is relevant to their stage of training. Our aim is to provide meaningful guidance, integration, and connection from first year through final year — whether it's helping students settle into university life, strengthening clinical confidence, offering career insights, or preparing them for community service and professional practice. Through targeted engagement, we hope to build a stronger sense of belonging, support academic and professional growth, and ensure that students feel guided and connected at every step of their physiotherapy journey.

Undergraduate Bursaries

The SASP offers a range of bursaries to support undergraduate physiotherapy students who are active SASP members. These bursaries aim to assist deserving students financially while encouraging academic excellence and professional growth. In return for this investment, recipients are expected to “give back” by becoming actively involved in the Society's activities and initiatives, helping to promote the physiotherapy profession and contribute to its continued development in South Africa.

Physiopedia Plus

Physiopedia Plus (Plus) is an invaluable resource for undergraduate physiotherapy students, offering access to a vast library of evidence-based learning materials, videos, and interactive courses. It helps students deepen their understanding of key theoretical concepts while linking them to practical clinical applications. With regularly updated content created by experts, students can stay current with the latest international research and best practices. Support from Provincial Offices for student events and activities

Special Funding

The SASP recognises that students often have creative and innovative ideas to promote the physiotherapy profession, and we are proud to support them in bringing these ideas to life. Many of these initiatives, however, require financial backing, which can prevent them from being implemented. To overcome this challenge and to foster students' skills in project planning and execution, the SASP offers special funding opportunities for student-led projects. Our goal is to ensure that financial limitations never stand in the way of great ideas that can advance the profession and inspire others.

Student Awards

We recognise and reward undergraduate excellence by sponsoring two student awards at each of the 8 universities offering a physiotherapy programme. These awards celebrate outstanding academic performance and professional growth, highlighting students who demonstrate excellence, commitment, and potential within the field. Through these recognitions, the SASP aims to inspire high standards of achievement and encourage future physiotherapists to continue striving for excellence in their studies and professional careers.

Community Service Support

The Junior Professional Officer, in collaboration with the National Department of Health, organises in-person sessions with fourth-year physiotherapy student groups at each of the eight universities. These sessions are designed to help students prepare for their registration and application for Community Service positions — a process that can often feel unfamiliar and overwhelming. During these visits, we provide clear guidance, answer questions, and offer practical advice to support students as they make important, life-changing decisions about the next stage of their professional journey.



Community Service Benefits

*Guiding your journey
into practice.*

Professional Support

During your career, you may encounter challenges that go beyond patient care — such as difficulties with colleagues, limited resources, or workplace dynamics. While we may not have solutions to every problem, the SASP offers a variety of resources, guidance, and practical action points to help you navigate these situations. Our aim is to provide support, empower you to make informed decisions, and help you maintain professional confidence and resilience in the face of workplace challenges.

Mentorship Programme

The SASP Mentorship Programme is designed to support physiotherapists at every stage of their professional journey. Through this programme, members can reach out to us with any professional question or challenge, and we will pair them with a qualified and experienced physiotherapist. Mentors don't just provide answers — they guide mentees in developing critical thinking skills, offer practical advice, and help ensure the delivery of the highest quality care to patients. This personalised support helps build confidence, professionalism, and clinical competence, making the transition from student to practitioner smoother and more rewarding.

Career Pathing Strategies

For many, the Community Service year is the first step in gaining confidence in patient care and engaging with the broader healthcare community. Beyond Community Service, the path can feel uncertain and unpredictable. The SASP Career Pathing series is designed to shed light on the wide range of opportunities available to physiotherapists and what pursuing them entails. Topics covered include career development strategies, diverse employment options, developing both clinical and soft skills for lifelong learning, understanding challenges and opportunities within the current workforce, and practical guidance on building a career path aligned with your interests and goals. This programme empowers you to navigate your professional journey with clarity, confidence, and purpose.



Private Sector Group Benefits

*Empowering every step
of your Private Practice
journey.*

As a member of the Private Sector Group (PSG), you'll enjoy a wide range of exclusive benefits designed to support your physiotherapy practice, professional growth, and community involvement. Our dedicated PSG General Executive Committee (GEC) is committed to advocating for you and providing practical resources to thrive in the private sector.

Here's what you can expect:

Advice, Support & Mentoring	Receive prompt, friendly guidance and assistance from our experienced and knowledgeable Private Sector Liaison Officer on any practice-related queries. Through mentoring and guidance, the PSG GEC empowers members to be confident, ethical practitioners and successful practice owners.
Advocacy	The PSG GEC represents members at key events and platforms, including HPCSA meetings, BHF congresses, COID sessions, RMA discussions, RAF forums, GEMS Health Summit, and South African business forums.
Stakeholder Engagements	Benefit from regular interactions between the PSG GEC and medical schemes to promote the role of physiotherapy, resolve operational issues, and influence the inclusion of physiotherapy in future benefit packages.
International Private Practitioners Association (IPPTA)	PSG is an active IPPTA member and attends the annual general meetings to contribute insights, stay informed on global trends, and align with international standards.
Private Healthcare Information Standards Committee (PHISC)	Stay ahead of developments in ICD-10, the upcoming ICD-11, and International Classification of Health Intervention (ICHI) coding through the PSG GEC's participation in quarterly PHISC meetings and workshops.

Starting your own Practice	Get comprehensive guidance on launching and growing your practice, plus personalized support from the PSG GEC to navigate your business journey.
Privately Employed Physiotherapists	Access tailored advice and support on employment matters, ethical practices, and related challenges.
Documents and Templates	Enjoy free access to essential private practice resources on the SASP website, including employee contracts, standard operating procedures, HR templates, FICA information, consent forms, and updates from the Compensation Fund and HPCSA.
POPI Toolkit	Gain complimentary access to a detailed toolkit to ensure your practice complies with current Protection of Personal Information (POPI) legislation.
Coding and Billing	Receive information, personalized support, annual medical aid rate updates, and access to the SASP coding committee. Plus, all SASP coding courses for free.
Practice Management Courses and Podcasts	Take advantage of discounted workshops, courses and podcasts focused on practice management, business development, and personal growth.
Norms and Standards Programme	Participate in our accreditation program to align your practice with Office of Health Compliance Standards, preparing you for National Health Insurance (NHI) requirements.
PSG Practice Posters	Professionally designed posters to educate and inform patients in your practice are available for purchasing.

Forensic Audit Panel	Get free assistance from our panel, along with insights into trends in Fraud, Waste, Abuse and Error across medical aid schemes.
Discovery Health Review Panel	Leverage advocacy for extended physiotherapy benefits for select patients, including evidence-based submissions to Discovery Health.
Social Media	<p>Join our PSG social media platforms and WhatsApp group for networking, updates, and community discussions.</p> <p>Access discounted courses on ethical marketing, social media management, and compliance to enhance your practice's online presence.</p> <p>Post free ads on PSG platforms for staff recruitment (locum or permanent), practice sales, or equipment listings.</p>
Advertising	Promote your practice for free on the SASP website and "Find a Physio" platform.
Community Projects	Contribute to meaningful projects like "Key Rings for Jump," which provides prosthetics to underprivileged individuals, and play a vital role in community outreach.
NeXus	An informative in-person engagements across provinces for learning, open discussions, and networking with fellow PSG members.
Coffee with PSG & PSG Coffee and Walks	<p>Join our informal monthly sessions for candid talks on practice challenges and successes, featuring guest speakers on business-related topics.</p> <p>Participate in regular walks organized by the PSG GEC to foster community spirit, build connections, and promote physiotherapy and physical activity.</p>

Payment Options

DEBIT ORDERS

General Membership	@ R365.00 p.m. x12
Public Sector Group	@ R360.00 p.m. x12
Private Sector Group	@ R440.00 p.m. x12
Private & Public Combined	@ R530.00 p.m. x12
Community Service	@ R335.00 p.m. x10

LIMITED TIME
OFFER

*on the
Full Fee Payment
with Payfast
Only until 9 Dec 2025*

10%
OFF

FULL FEE (VAT INCL)

General Membership	R4 175.00
Public Sector Group	R4 115.00
Private Sector Group	R5 030.00
Private & Public Combined	R6 060.00
Community Service	R3 195.00

visit www.saphysio.co.za for more options