

HEALTH PROFESSIONS COUNCIL OF SOUTH AFRICA

**PROFESSIONAL BOARD FOR PHYSIOTHERAPY, PODIATRY AND
BIOKINETICS**

**DEFINITION OF CORE FUNCTIONS OF PHYSIOTHERAPY, PODIATRY AND
BIOKINETICS**

PHYSIOTHERAPY

1. **Care and Rehabilitation of illness, injury and impairment/disability in the following stages**
 - Acute
 - Sub-acute
 - Chronic
 - Final
2. **Restoration to functional ability**
3. **Health promotion and disease prevention through education**

BIOKINETICS

1. **Rehabilitation and care**
- 1.2. Rehabilitation and care in the final stage of chronic diseases of lifestyle and Orthopaedics where conditions are well controlled, the patient stabilized and in the absence of -
 - Pain
 - Swelling
 - Inflammation
 - Systemic Complications
 - Abnormal/Restricted range of movement
 - Abnormal function
2. **Health Screening**
3. **Return to Sport**
4. **Performance Optimizing**
5. **Wellness**
6. **Health Promotion and Disease Prevention through education**

PODIATRY

1. **Medical, surgical, rehabilitative and preventative foot and lower limb care, with the emphasis on a conservative approach**
2. **Health promotion through education**